



Level 1 outline

Welcome to Planet Drum. Level 1 is the beginning of our foundation program. Here you will start to learn the essential topics of our curriculum. They are:

- Time keeping control
- Posture
- Hands and feet technique
- Co-ordination and independence
- Rudiments
- Dynamics
- Music theory
- Reading
- Groove and feel
- Style studies (rock, pop, jazz, Latin, orchestral, rudimental, world music)
- Understanding of song form
- Improvisation
- Developing an efficient practice schedule
- Setting up and tuning drums
- Band practice
- Live and studio playing

Level 1 outline, page 2

Targets for Level 1:

Learn the five fundamental strokes: the rebound stroke, the bounce stroke (buzz), the down stroke, the up stroke and the tap stroke.

Learn to play the foot pedals: heels up or heels down.

Learn to read: 1/4 notes and rests, 1/8th notes and 1/16th notes.

Learn five essential rudiments: the single stroke, the double stroke, the paradiddle, The 5 stroke roll and the 9 stroke roll.

Learn and memorize 16 common sticking patterns.

Learn to play a variety of 1/4 note, 1/8 note and 1/16 note Rock and Pop drum kit patterns.

Improve your time keeping by working on dedicated vocalization exercises.

Learn four “essential grooves” to build up your rhythm arsenal.

Learn five complete songs.

Get ready for the end of term performance and the rehearsals.

Drumming is great fun! However in order to get to the REAL fun, we must make sure the basics are covered. In order to do that as quickly as possible, here are some golden rules: **follow the instructions, practice regularly, use your ears, relax and... have fun!**